

WHAT WE EAT IN AMERICA: 1994-1996
HAND CARDS

CARD S1

RACE

1. White
2. Black
3. Asian/Pacific Islander
4. American Indian/Alaska native

CARD S2

NATIONAL ORIGIN OR ANCESTRY

1. Mexican, Mexican American, Chicano
2. Puerto Rican
3. Cuban
4. Other Spanish/Hispanic
5. None of the above

AGE VERIFICATION CHART FOR 1996

INSTRUCTIONS

In using this chart, determine age as follows: Locate the birth year of the person on the chart. If the person has not had a birthday as of the day of interview in 1996, the correct age will be shown in the "No" column. If the person has had a birthday, the correct age will be in the "Yes" column.

Year of birth	Birthday in 1996?		Year of birth	Birthday in 1996?		Year of birth	Birthday in 1996?	
	No	Yes		No	Yes		No	Yes
1900	95	96	1930	65	66	1960	35	36
1901	94	95	1931	64	65	1961	34	35
1902	93	94	1932	63	64	1962	33	34
1903	92	93	1933	62	63	1963	32	33
1904	91	92	1934	61	62	1964	31	32
1905	90	91	1935	60	61	1965	30	31
1906	89	90	1936	59	60	1966	29	30
1907	88	89	1937	58	59	1967	28	29
1908	87	88	1938	57	58	1968	27	28
1909	86	87	1939	56	57	1969	26	27
1910	85	86	1940	55	56	1970	25	26
1911	84	85	1941	54	55	1971	24	25
1912	83	84	1942	53	54	1972	23	24
1913	82	83	1943	52	53	1973	22	23
1914	81	82	1944	51	52	1974	21	22
1915	80	81	1945	50	51	1975	20	21
1916	79	80	1946	49	50	1976	19	20
1917	78	79	1947	48	49	1977	18	19
1918	77	78	1948	47	48	1978	17	18
1919	76	77	1949	46	47	1979	16	17
1920	75	76	1950	45	46	1980	15	16
1921	74	75	1951	44	45	1981	14	15
1922	73	74	1952	43	44	1982	13	14
1923	72	73	1953	42	43	1983	12	13
1924	71	72	1954	41	42	1984	11	12
1925	70	71	1955	40	41	1985	10	11
1926	69	70	1956	39	40	1986	9	10
1927	68	69	1957	38	39	1987	8	9
1928	67	68	1958	37	38	1988	7	8
1929	66	67	1959	36	37	1989	6	7
						1990	5	6
						1991	4	5
						1992	3	4
						1993	2	3
						1994	1	2
						1995	Months	1
						1996	NA	Months

CARD S3-1

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$10,060

CARD S3-2

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$13,470

CARD S3-3

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$16,870

CARD S3-4

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$20,280

CARD S3-5

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$23,690

CARD S3-6

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$27,090

CARD S3-7

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$30,500

CARD S3-8

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$33,900

CARD S3-9

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$37,310

CARD S3-10

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$40,720

CARD S3-11

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$44,120

CARD S3-12

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$47,530

CARD S3-13

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$50,930

CARD S3-14

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$54,340

CARD S3-15

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$57,750

CARD S3-16

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$61,150

CARD S3-17

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$64,560

CARD S3-18

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$67,960

CARD S3-19

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$71,370

CARD S3-20+

INCOME SOURCES

- Wages or salary from a job including tips or commissions
- Net income from your own business or farm
- Any Social Security or Supplemental Security income
- Income from pension or retirement
- Unemployment or workmen's compensation
- AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household
- Interest, dividends, or annuities
- Estate or trust

\$74,780

CARD H1

Kindergarten or Less

Elementary:

1st grade	5th grade
2nd grade	6th grade
3rd grade	7th grade
4th grade	8th grade

High School:

9th grade	11th grade
10th grade	12th grade

College:

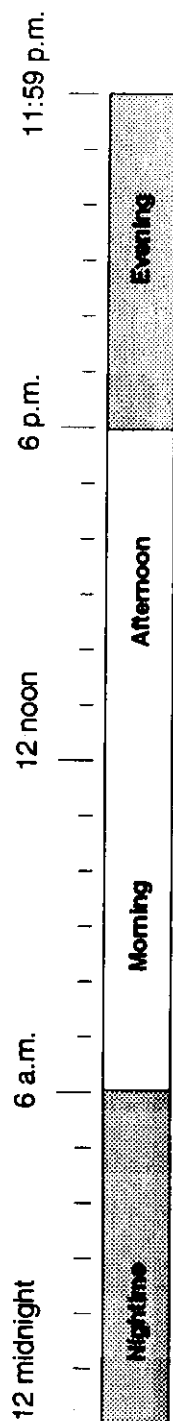
1 year	4 years
2 years	5 or more years
3 years	

CARD H2

OCCUPATION

1. Professional and technical, such as accountant; computer programmer; civil, chemical, electrical engineer; lawyer; doctor; registered nurse; scientist; teacher; artist; clergy; religious education worker.
2. Manager, officer, or proprietor, such as department head, sales manager, administrator, executive, buyer, company officer, supervisor, business owner.
3. Farmer: owner or manager.
4. Clerical or sales worker, such as bank teller, dispatcher, mail carrier, office machine operator, clerical worker, secretary, sales person, insurance or real-estate agent.
5. Craftsman or foreman, such as carpenter, electrician, road equipment operator, mechanic and repairman, painter, plumber, telephone installer, tool or die maker, chef.
6. Operative, such as apprentice; gas station attendant; bus, taxi, and truck driver; food grader or packer; meat cutter; laundry operative; metal worker; mine operative.
7. Service worker or other similar job, such as restaurant worker, janitor, nurses' aide, household worker, porter, watchman, car washer, groundskeeper, farm worker, laborer.
8. Other occupation

Yesterday's Food Intake



CARD I2

1. Breakfast
2. Brunch
3. Lunch
4. Dinner
5. Supper
6. Food and/or beverage break, such as
 - Snack
 - Alcoholic beverage
 - Other beverage
7. Feeding (Infant only)
8. Other (Please describe)

CARD I3

1. Store, such as
 - Supermarket, grocery store, or warehouse
 - Convenience store, drug store, or gas station
 - Specialty store such as bakery, deli, seafood, ethnic food, health food
 - Commissary
 - Produce stand or farmer's market
-
-

2. Restaurant with waiter/waitress service
 3. Fast food place, pizza place
 4. Bar, tavern, lounge
 5. School cafeteria
 6. Other cafeteria
-
-

7. Vending machine
-
-

8. Child care center, family day care home, adult day care
 9. Soup kitchen, shelter, food pantry
 10. Meals on wheels
 11. Other community food program
-
-

12. Grown or caught by you or someone you know
-
-

13. Someone else, gift
-
-

Some other place (Please describe)

CARD I4

Type of Salt

1. Ordinary salt (iodized or noniodized)
2. Seasoned salt or other flavored salt
3. Lite salt
4. Salt substitute

CARD 15

Plain Drinking Water

Include:

- Tap water
- Non-carbonated bottled water
- Spring water
- Well or cistern water

Do not include:

- Water used in making coffee, tea, or other drink mixes
- Water used to dilute other beverages
- Water with anything added to it, such as lemon
- Carbonated water, such as Perrier

CARD I6

CHOOSE ALL THAT APPLY

1. Weight loss or low calorie diet
2. Low fat or cholesterol diet
3. Low salt or sodium diet
4. Sugar free or low sugar diet
5. Low fiber diet
6. High fiber diet
7. Diabetic diet
8. Other diet (Please describe)

CARD I7

Source of Diet

1. Organized weight loss program
2. Doctor or dietitian
3. Something you read or heard about
4. Something you made up
5. Something else (Please describe)

CARD I8

CHOOSE ALL THAT APPLY

1. Multivitamin
2. Multivitamin with iron or other minerals
3. Combination of vitamin C and iron
4. Single vitamins and/or minerals

CARD 19

Vitamins and Minerals

1. Vitamin A
2. Vitamin B/B Complex
3. Vitamin C
4. Vitamin D
5. Vitamin E
6. Calcium
7. Folacin
8. Fluoride
9. Iron
10. Zinc
11. Selenium
12. Chromium
13. Something else (Please describe)

CARD H3

1. Looking for work
2. Going to school
3. Keeping house
4. Retired
5. Unable to work
6. Other (Please describe)

CARD H4

1. Community water supply
2. Well or rain cistern
3. Spring (own or public)
4. Bottled water (purchased)
5. Something else (Please describe)

CARD H5

CHOOSE ALL THAT APPLY

1. Weight loss or low calorie diet
2. Low fat or cholesterol diet
3. Low salt or sodium diet
4. Sugar free or low sugar diet
5. Low fiber diet
6. High fiber diet
7. Diabetic diet
8. Other diet (Please describe)

CARD H6

YEARLY HOUSEHOLD INCOME BEFORE TAXES

- A. UNDER \$5,000
- B. \$5,000 -- \$9,999
- C. \$10,000 -- \$14,999
- D. \$15,000 -- \$19,999
- E. \$20,000 -- \$24,999
- F. \$25,000 -- \$29,999
- G. \$30,000 -- \$34,999
- H. \$35,000 -- \$39,999
- I. \$40,000 -- \$44,999
- J. \$45,000 -- \$49,999
- K. \$50,000 -- \$59,999
- L. \$60,000 -- \$74,999
- M. \$75,000 -- \$99,999
- N. \$100,000 AND OVER

CARD H7

SAVINGS

- A. Less than or \$500
- B. \$501 to \$1,000
- C. \$1,001 to \$2,000
- D. \$2,001 to \$3,000
- E. \$3,001 to \$4,000
- F. \$4,001 to \$5,000

CARD H8

INCOME SOURCES

- A. Wages or salary from a job including tips or commissions
- B. Any Social Security or Supplemental Security income
- C. Income from pension or retirement
- D. Unemployment or workmen's compensation
- E. AFDC, general assistance or other public assistance program -- not including food stamps or WIC benefits
- F. Other sources, such as alimony, child support, and other regular monthly contributions from persons not living in this household

CARD H9

MONTHLY HOUSEHOLD INCOME

1. \$838
2. \$1123
3. \$1406
4. \$1690
5. \$1974
6. \$2257
7. \$2542
8. \$2825
9. \$3109
10. \$3393
11. \$3677
12. \$3961
13. \$4244
14. \$4528
15. \$4813
16. \$5096
17. \$5380
18. \$5663
19. \$5947
20. \$6232